

## 2020-21 PHASED ATHLETIC RETURN TO PLAY PLAN

	Phase I	Phase II - July 20th - August 14th		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
		(Normal Summer)		
School Facilities	Open to Essential Personnel and Participants Only	Open to Essential Personnel and Participants Only	Open to Essential Personnel and Participants Only	OPEN
Individual Athlete Participation	<b>15 Total Hours on Campus/Week</b>	Normal Summer Rules and Guidelines	FALL SPORTS PRACTICES BEGIN. NORMAL IHSAA RULES AND REGULATIONS	FALL SPORTS COMPETITIONS BEGIN
	4 Conditioning Sessions/Week - Athlete can attend 1 Two-Hour Session/Day			
	2 Activity Days/Week per sport - Three Hours per session - Same Sport may NOT occur on consecutive calendar days.	Girls Golf Starts Official Practice on July 31st		
	All Summer Activities are Voluntary	All Summer Activities are Voluntary		
Social Distancing	Encouraged	Encouraged	Encouraged	Encouraged
Face Coverings	Encouraged, if doing so is not a health risk.	Encouraged, if doing so is not a health risk.	Encouraged, if doing so is not a health risk.	Encouraged, if doing so is not a health risk.
People allowed to be in attendance.	Essential Personnel ONLY - No Parents, Spectators, Etc...	Essential Personnel ONLY - No Parents, Spectators, Etc...	Essential Personnel ONLY - No Parents, Spectators, Etc...	Spectators, media, and vendors can be present but should implement social distancing.
Alternate Command Structure	Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.	Command Structure for Coaching Staff should be established in case of illness.
2020-21 Athletic Physical Status	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.	All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/ Release Certificate on file.

	Phase I	Phase II - July 20th - August 14th		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
		<b>(Normal Summer)</b>		
<b>Attendance</b>	COVID-19 Attendance must be taken in daily and sent to AD immediately following workouts.	COVID-19 Attendance must be taken in daily and sent to AD immediately following workouts.	COVID-19 Attendance must be taken in daily and sent to AD immediately following workouts.	COVID-19 Attendance must be taken in daily and sent to AD immediately following workouts.
<b>COVID-19 SYMPTOMS</b>	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.	Any person with symptoms is referred to his or her primary care provider and not allowed to participate.
<b>Locker Rooms</b>	NO LOCKER ROOM USE - athletes should report in proper gear and return home to shower at the conclusion.	NO LOCKER ROOM USE - athletes should report in proper gear and return home to shower at the conclusion.	Locker Rooms are OPEN - Practice Social Distancing when possible.	Locker Rooms are OPEN - Practice Social Distancing when possible.
<b>Gathering Sizes</b>	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc...	Decreased as much as possible to reduce risk - Larger than 50% Capacity in large areas is allowed if you must.
<b>Equipment</b>	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.
<b>Student-Athlete Responsibility</b>	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at school or home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at school or home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.
<b>Weightlifting</b>	NO exercises requiring a spotter can be conducted.	Free weight excersises requiring a spotter CAN be conducted.	Free weight excersises requiring a spotter CAN be conducted.	Free weight excersises requiring a spotter CAN be conducted.
<b>Contact Sports (Football)</b>	NO CONTACT	CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association		CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association

	Phase I	Phase II - July 20th - August 14th		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
		(Normal Summer)		
Hydration Stations	No use of shared Hydration Stations - Personal Water Bottles only!	No use of shared Hydration Stations - Personal Water Bottles only!	No use of shared Hydration Stations - Personal Water Bottles only!	No use of shared Hydration Stations - Personal Water Bottles only!
Competition	NO COMPETITION WITH OTHER SCHOOLS	NO COMPETITION WITH OTHER SCHOOLS	NO FORMAL COMPETITION - Exception Girls Golf. (Formal Competition is considered an in-season contest.)	FORMAL COMPETITION BEGINS
Facility Maintenance	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.
Individual Athlete Gear and Equipment	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...	NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC...
Appropriate Clothing	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! Shirts are required at ALL times.
Celebratory and Sportsmanship Acts involving Contact	PROHIBITED	PROHIBITED	PROHIBITED	MODIFIED SPORTSMANSHIP PRACTICES SHOULD BE OBSERVED
TRANSPORTATION	NO TRANSPORTATION		CLEANING REGARDING TEAM OR GROUP TRANSPORTATION MUST BE FOLLOWED	